



## Wake County Middle School Athletic Participation Form

**Instructions:** This form must be completed in its entirety prior to being eligible for athletic participation. Please note that there are four (4) pages to this form and all of them must be completed. Incomplete forms will delay your athletic participation.

Use the following checklist to determine if the form is complete.

- All student and parent contact information (page 1)
- Insurance section is complete (page 1).
- Athlete's health history is complete (page 2)
- Provide details for any "yes" answers in the Athlete's health history (page 2)
- Physical Exam Section is completed and signed by a physician (page 2).
- Physical Exam Section is dated by the attending physician (page 2).
- Physical Exam Section (page 2) must include the medical office name, address, and phone number of the office where the physical exam was conducted. This may be stamped by the physician's office.
- All information has been read and understood (assumption of risk, eligibility requirements, hazing, transportation, sportsmanship, student athlete pledge, parent pledge, football, sports medicine, permission to participate, parental permission)
- Participation form is signed and dated by student-athlete (page 4).
- Participation form signed and dated by a parent or legal custodian (page 4).