

Resources for Middle School Parents

Websites:

www.pbskids.org/itsmylife/school/middleschool

www.pbskids.org/itsmylife/school/middleschool/print_books.html

www.cfnc.org/site/planner/college_preparation/college_preparation_search.jsp

Books:

Giannetti, Charlene C. and Margaret Sagarese. The Roller-Coaster Years: Raising Your Child Through the Maddening Yet Magical Middle School Years.

Rice, Wayne. Enjoy Your Middle Schooler.

Perlstein, Linda. Not Much Just Chillin'

Bernstein, Eileen. Middle School and the Age of Adjustment: A Guide for Parents.

Other Resources:

Academic Information Websites

Wake County Public Schools - policies, calendars, current news

www.wcpss.net

www.wcpss.net/school-directory/middle.html - individual middle schools

NC Dept. of Public Instruction - course of study, EOGs, school report cards,

www.dpi.state.nc.us/

College Foundation of North Carolina - careers, high school planner

www.cfnc.org/

Eric Digests - education articles clearinghouse

www.ericdigests.org/

Middle School Websites

National Middle School Association

www.nmsa.org/

Kids Health - articles, games, resources for parents, kids & teens
www.kidshealth.org

Girls Power - information & activities for girls and parents
www.girlpower.org

Kids Portal for the US Government - information & activities related to school, careers, recreation, etc.
www.kids.gov/

How to Study
www.How-to-study.com

Studying and organization
www.big6.com/kids/

National PTA - see parent resources
www.pta.org

The Public School Parent's Network
www.psparents.net

Bridges - student achievement for parents and students
www.bridges.com/

Parent Guide to K- 12 Success
www.greatschools.net/

Mental Health & Social Issues Websites

National Mental Health Association - issues, information for all ages
www.nmha.org/

National Association of School Psychologists - helping children achieve
www.ansponline.org/

National Mental Health Information Center - information for all ages
www.mentalhealth.samsha.gov/

Bullying

www.freepirit.com/ - materials and student site

www.cyberbully.org/ - for parents

www.stopbullyingnow.hrsa.gov/index.asp - interactive for students